

# Lesson Plan

**Course Title**

Career and Family Leadership

**Lesson Title**

Career Choices on Family Life

**Practical Problem**

What should be done about career choices affect on family life?

**References Used for this Lesson**

Montgomery, Bette: *Career and Family Leadership*, University of Missouri-Columbia, 2002.  
Instructional Materials Laboratory, University of Missouri-Columbia.

Family, Career, and Community Leaders of America, Inc., *Career Connection*, CD-ROM, Reston, VA 2002, FCCLA, Inc.

*Alternative Assessment: A Family and Consumer Sciences Teacher's Tool Kit*, Ohio State University, 1996. Vocational Instructional Materials Laboratory

**Background Information for this Lesson**

Career and Family Leadership, Content Module 4

## External Alignment

**Program Goal Addressed**

(Use this area to identify how your program goal links to this lesson.)

**Missouri Family and Consumer Sciences Competencies Addressed**

E.4 Compare the impact of career choices on family life (Analysis)

**Missouri Show-Me Goals/Standards Addressed**

2.3 Exchange information, questions and ideas while recognizing the perspectives of others

**National Family and Consumer Sciences Standards Addressed**

1.1.4 Analyze the potential impact of career path decisions on balancing work and family

## Internal Alignment

**Course/Performance/Enabling Objectives(s) for Competency**

1. Identify indicators that impact family life and work demands. (Application)
2. Examine how work demands affect family life. (Analysis)

**Instructional Strategies**

1. Identify indicators that impact family life and work demands. (Application)  
Think about your own family (or a family from a television program or movie). Identify indicators, which show the impact on work on the family and of the family on work. Use

“Activity Sheet #5: Identifying Work Demands” p.155, (*Career and Family Leadership*) to fill in your indicators for your situation. Compile indicators from class members on one sheet. Read “Many Roles, Many Choices”, pp. 91-92 in the *Career Connection* manual or on the *Career Connection CD-ROM*.

#### *Questions for Discussion/Formative Assessment*

1. *What is the impact of work choices on family life?*
  2. *What helped you to identify this impact?*
  3. *How did the work indicators that you identified compare with the work indicators identified by classmates?*
  4. *How does your schoolwork impact your family life?*
  5. *What are some things you do to help balance school and family life?*
  6. *How does this compare to what a family would do to balance work and family life?*
2. Examine how work demands affect family life. (Analysis)  
Search for and read magazines or Internet articles that cover the topic of work-life balance. Note how many articles look at the topic from the employer’s viewpoint and how many look at it from employee’s viewpoint. Are there any key points mentioned in every article you find or is each one completely different?

#### *Questions for Discussion/Formative Assessment*

1. *What information from the articles you selected did you find most interesting?*
2. *Were more of the articles from the employer or employee’s point of view? Why?*
3. *What can you do to help select a career that will meet your needs for career and family life?*

Use “Life-Friendly Work Arrangements and Programs”, p. 99 in the *Career Connection* manual or on the *Career Connection CD-ROM*. Read each employer option and examine how it would affect work and family life. Identify options that you would like to have as an employee.

#### *Questions for Discussion/Formative Assessment*

1. *What work programs were you not aware of?*
2. *How helpful would the work programs be?*
3. *What programs would you like to see employers offer?*
4. *Why can a single employer not offer all of these programs?*
5. *What is the key to employers offering work arrangement programs?*

### **Assessments**

#### **Paper/pencil:**

1. Identify indicators that impact family life and work demands. (Application)
2. Identify work arrangement programs that would benefit your family. (Application)

#### **Classroom Experiences:**

1. Develop a list of work demands from discussion with classmates. (Application)

#### **Application to Real Life:**

1. Utilize the Internet to locate articles covering work-family life balance. Summarize the information from the articles into a brochure or fact sheet. Evaluate with a scoring guide using criteria developed by the class. Use Brochure Assessment, p.109, *Alternative Assessment*, as a resource for developing your scoring guide. (Application)